

HOSPITAL BAG CHECKLIST FOR MOM, BABY & PARTNER



FOR MOM

- ID / Insurance Card
- Birth Plan
- Nursing nightgown
- Nursing bras & pads
- Underwear & maternity pads
- Socks & slippers
- Snacks & water bottle
- Phone charger



FOR BABY

- Onesies & sleepers
- Receiving blanket
- Diapers & wipes
- Baby hat & mittens
- Going-home outfit
- Infant car seat
- Swaddle wraps
- Pacifier
- Baby lotion or diaper
- Burp cloths



FOR PARTNER

- Change of clothes
- Toiletries
- Snacks & drinks
- Camera or smartphone
- Entertainment (book, tablet, earbuds)
- Comfortable shoes